

Date	Nepal Time Zone	Japan Time Zone	PROGRAM SCHEDULE	
FRIDAY (venue: Nakameguro Atlas Tower 6F, 1-26-1 Kamimeguro, Meguro City, Tokyo)				
FRIDAY Sept 15	1:45 PM - 2:15 PM	5:00 PM - 5:30 PM	Review of Sydney Declaration (in-person): Dr. Sanjeeb Sapkota/ DrPH. Aliza K C Bhandari/ Dr. Lushun Chalise	
	2:15 PM - 4:15 PM	5:30 PM - 7:30 PM	Round table discussion: Migrants health issue in Japan (in-person): Dr. Aliza K C Bhandari/ Dr. Sanjeeb Sapkota	
	4:15 PM - 5:45 PM	7:30 PM - 9:00 PM	DINNER	
SATURDAY (venue: Shinjuku Bunka Center, 6-14-1 Shinjuku, Shinjuku City, Tokyo)				
SATURDAY Sept 16	5:45 AM - 6:30 AM	9:00 AM - 9:45 AM	Conference Registration	
	6:45 AM - 7:45 AM	10:00 AM - 11:00 AM	OPENING CEREMONY (Hybrid), Zoom ID: 770 327 8234 Passcode: 2023	
	7:45 AM - 8:45 AM	11:00 AM - 12:00 PM	Keynote presentation (in-person): Dr. Lushun Chalise/ DrPH. Aliza K C Bhandari	
	8:45 AM - 9:30 AM	12:00 PM - 12:45 PM	LUNCH BREAK & NETWORKING	
	9:30 AM - 10:30 AM	12:45 PM - 1:45 PM	Scientific Presentation I (in-person): Dr. Sanjeeb Sapkota/ Dr. Sunil Sah	
	10:30 AM - 11:30 AM	1:45 PM - 2:45 PM	Scientific Presentation II (in-person): Dr. Melissa Ranjit/ Dr. Sandeep Shakya	
	11:30 AM - 12:30 AM	2:45 PM - 3:45 PM	Remarks from conference partners/ sponsors	
			Zoom Room 1 https://us02web.zoom.us/j/81920633689?pwd=Y2wyUGNvS1R5SSkE3dVcx25ENWVLT09 Meeting ID: 819 2063 3689 Passcode: 565805	Zoom Room 2 https://us02web.zoom.us/j/83353546604?pwd=R3lPQndQUE9NVTJQMm9LcFhrcGZzd09 Meeting ID: 833 5354 6604 Passcode: 2023
	8:30 AM - 10:00 AM	11:45 AM - 1:15 PM	Yoga, meditation and mental health: Rekha Ghimire	Health education for migrant children in Japan: Prof. Bishwa Kandel
	10:15 AM - 11:45 AM	1:30 PM - 3:00 PM	Scientific Presentation III: General	Scientific Presentation IV:
	12:00 PM - 1:30 PM	3:15 PM - 4:45 PM	Workshop on literature search: Dr. Richa Shah	Scientific Presentation V:
1:45 PM - 3:15 PM	5:00 PM - 6:30 PM	Scientific Presentation VI:	Scientific Presentation VII:	

	3:30 PM - 5:00 PM	6:45 PM - 8:15 PM	Activities of ASHA: Dr. Sandeep Shakya	Advancing Healthcare through Diagnostic Innovation, Total Quality Management in evolving laboratory landscape: Dr. Bodhraj Acharya
	5:15 PM - 5:45 PM	8:30 PM - 9:00 PM	Networking (online, zoom ID:)	
SUNDAY (venue: Daiwa Nishi-Shinjuku Building 8F, 1-14-11 Nishishinjuku, Shinjuku Tokyo)				
SUNDAY Sept 17	3:45 AM - 5:15 AM	7:00 AM - 8:30 AM	Global Health Walk & Fun Run Event at Yoyogi park, Tokyo (in-person)	
			Zoom Room 1 https://us02web.zoom.us/j/88188227714?pwd=N3NaSzMyVmVNSzRHdUhFNWZsVE40UT09 Meeting ID: 881 8822 7714 Passcode: 176320	Zoom Room 2 https://us02web.zoom.us/j/83316510099?pwd=TnhYK3ZCY1ArSctRcWJPRnMrTzU1dz09 Meeting ID: 833 1651 0099 Passcode: 2023
	6:45 AM - 8:15 AM	10:00 AM - 11:30 AM	Breaking Barriers-Improving Healthcare Access for Migrants (in Japan): Dr. Lushun Chalise	Challenges and opportunities for Health care workers working out of Nepal and General Health problems of Nepalese migrants: Dr. Nitesh Aryal/ Ms. Anisha Bhandari
	10:15 AM - 11:45 AM	1:30 PM- 3:00 PM	Access to HIV and TB related healthcare for Nepalese living in Japan: Dr. Prakash Shakya	
	9:15 AM ~	12:30 PM ~	In-person session starts	
	9:45 AM - 9:55 AM	1:00 PM - 1:10 PM	Nepalese students' health issues in Japan (in-person): Ms. Asmita Lama	
	10:00 AM - 11:00 AM	1:15 PM - 2:15 PM	CPD and CPR training (in-person): Dr. Sunil Sah/ Dr. Sanjeeb Sapkota	
	11:15 AM - 2:45 PM	2:30 PM - 6:00 PM	Closing ceremony & Tokyo Declaration (Hybrid), Zoom ID: 770 327 8234 Passcode: 2023	
	3:45 PM - 5:45 PM	7:00 PM - 9:00 PM	Charity Dinner	