

**NON RESIDENT NEPALI ASSOCIATION'S  
CHILDREN SUMMER CAMP**

**2016-17**



**Explore Nepalese Culture and Outdoor Adventure Camp for  
Children of NRNA Living All Over the World.**

## **INTRODUCTION**

Summer camp 2016 is completely focused on the children of NRN living in different countries. Its purpose is to promote Nepal and to teach Nepali Culture and language to these children living away from Nepal. We feel that we and our children haven't experienced the importance of Nepali Culture and Nepali language. This camp will be dedicated to helping our children at last to see the lifestyle of Nepalese living in different areas of Nepal. This summer camp is not only a learning experience, it also benefits our children experience in outdoor adventure tours such as hiking and jungle safari.

### **Non-Resident Nepali Association Nepal Tourism Promotion Taskforce**

As the Chair of TPN Taskforce I am initiating this program to organize events like this summer camp, which directly helps to promote the country of Nepal. We know that our country has rich varieties of land, with different climates and bio-diversity, so once our children experience this, they will be encouraged to speak about Nepal with their teachers at school in the USA, which helps directly with the promotion of Nepal inside the USA or despora.

### **Purpose of the Plan**

Over the past decade, the Nepal government has been encouraging high school students to broaden their views of what the world is, and create opportunities to experience different cultures. Some high school students do make it abroad, but not every student or family can afford to travel overseas. Therefore, we, the Non-Nepali Resident Association, have deemed it more economically sound to invite a few students from the world to come and join in a summer camp this year in Nepal. The summer camp will provide an opportunity to Non-Nepali Resident's school children, or students studying in different countries, to experience Nepali culture and enhance their Nepali language skills. This camp will also provide an opportunity for NRN children to experience a different culture and lifestyle, make friends with the students in Nepal, and broaden their perspectives of the world.

## **GOALS AND OBJECTIVES OF SUMMER CAMP**

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- The goals and objectives for this project will focus on implementing the following:
- To have the opportunity to learn their parents' culture and make friends with Nepalese students.
- To enhance their Nepali language skills in both speaking and listening.
- To fully immerse themselves in a Nepali language environment.
- To have the opportunity to meet relatives once a year.
- To have the opportunity to experience the lifestyle of different people and the culture of their mother country.
- To promote Nepal around the world directly through NRNA's children.

### **SUMMER CAMP GENERAL INFORMATION: Summer Camp Activities**

**The summer camp will be held from mid July 11<sup>th</sup> to mid August 15<sup>th</sup>, 2016 ( 36 days )**

**The program will include the following:**

- Program NRNA T-shirt,
- Culture show camp
- 5 days hiking to Ghore pani and Poon hills
- A study of the jungle and jungle tour at Chitwan National Park
- Tour to a Cultural Heritage site Boudha, Swayambunath, Pashupatinath, Patan, Bhaktapur
- Sunrise view at Nagarkot
- Horse Riding at Gokarna Forest in Kathmandu
- Nepali Lessons, Nepali Language Training
- Meeting with President
- Meeting with US Ambassador
- Meeting with Foreign Minister of Nepal
- Meeting with Prime Minister of Nepal
- Certificate (to receive certificate you must submit travel journal on time from your trip)

**Summer Camp Information:**

- Meals will be comprised of mainly Nepali food.
- Accommodations:
- Hotel family style, separated by gender.
- Participants are required to submit a reflection journal or report at the end of the program.

Free or der memorial program DVD \$25 each

**Application: Registration period is from May 1<sup>st</sup> to May 30<sup>th</sup>, 2016**

Please register your Name with full address and contact to participate in this NRN Summer Camp package through email.

**Requirements:**

- Participant should be 10 to 15 years old or, high school student.
- Travel Insurance
- International Vaccination (Malaria, Typhoid)
- Consent form signed by Parent.

**Program Fees : \$ 2,700 USD per ( \$75 per day for kid )**

Fees cover the meals, accommodations, planned activities, travel inside Nepal, guide fees, travel insurance (in Nepal) and group transportation in Nepal. If students go shopping with their host family, that is at their own expense.

**About Nepal, where we are going for summer camp in 2016.**

Nepal is surrounded by two countries. China borders the north and east, India borders the south, west and east. It is in the northern hemisphere, not far from the equator. It has three geographical zones. Himalayan, Mountainous and Tarai. Nepal has a monsoon season. It is very cold and dry in winter and hot, stormy and rainy in summer. It is rich in natural beauty and resources. It has long and wide rivers like Koshi, Gandaki, and Karnali. Nepal has large lakes like Rupa, Begnas, and Rara. Like-wise we have green valleys, lovely water falls etc. It is rich in religious and historical heritages, Lumbini, Gorkha, Janakpur, and Kathmandu are some more famous examples.

Nepal is a country of highly diverse and rich geography, culture, and religion. The mountainous north has eight of the world's ten highest mountains, including the highest, Sagarmatha, known in English as Mount Everest. The north contains over 240 peaks more than 20,000 ft. (6,096 m) above sea. The fertile and humid south is heavily urbanized.

People of many castes and religions live here. Almost one-hundred languages are spoken in Nepal. Examples of some of our popular foods are dal-bhat, dhindo, gundurk. Holidays and popular festivals include, Dashain, Tihar, Losar, Id. Most people are farmers. They grow rice, corn, wheat, millet, barley, potatoes. People who live in the cities can be businessmen, shop owners and are very polite and hard working.

Due to the rich natural resources, eco-tourists love to visit Nepal. You can see endangered birds and animals often among the natural beauty of the landscape, too. Tourism is a major industry and an important part of Nepal's economy. Nepal is small but rich in natural resources but it is among the poorest economically. Nepal is a developing country.

It is a hopeful country and looks to develop now and quickly, with awareness. Nepal is working on creating awareness of all of the citizens of the country, and strives to offer education equally to men and women. The government of Nepal is working to bring advanced programs and help to its citizens by providing different facilities which gives benefit to both citizen and government. Nepal is a beautiful country with lots of potential. Our hope is to raise awareness about the country to outside travelers and people. We hope to introduce this summer program all over the world, and by doing so, directly or indirectly help to attract tourists. We believe this will improve Nepal's economic condition. Success is achieved by developing our strengths, not by eliminating our weaknesses.

This summer camp can teach you and your children a lot about Nepal and Nepali culture and language. Join us today.

## **Detail Itinerary of Summer Camp 2016.**

**1<sup>st</sup> Day** - Arrival to Kathmandu - Airport Pick up to Hotel.

**2<sup>nd</sup> Day - Horse Riding at Gokarna Resort** – Early Morning 8. A.M to 11. A.M: Gokarna is a wonderful place to stay and only 20 minutes away from all the Kathmandu Boudha. It is a beautiful forest type resort with nature walks, fabulous horseback riding through the hills and local communities, golf course, incredible spa services. after the we will have a lunch at hotel at Kathmandu and we will run Nepali language class for 3 hours so it may help to understand you better and can communicate easily. After finishing Class we will have rest for two hours and dinner at hotel.

**3<sup>rd</sup> Day - City Tour** –Wake up early morning at 6.30 and take a shower and ready for breakfast by 7.30 A.M. After breakfast we will go to see the boudha stupa which on of the oldest and stupa in the Kathmandu build after AD 600, when the Tibetan king, Songtsen Gampo, onverted to Buddhism. Afterthat we will go to famous hindu temple Pashupatinath just 15m Minutes drive from Boudha which lies at the bank of bagmati river. After visiting Pashupatinath temple we will have lunch at typical Nepal Lunch at Thakali Resturent. After that we will go to Shyambunath a monkey temple which lies in the western part of Kathmandu on the top of the hills, from there you can see the whole view of Kathmandu valley. After that back to hotel for dinner.

**4<sup>th</sup> Day- City Tour – Patan and Bhaktapur:** As patan is famous for Patan durbar square and stone made Krishna Temple. There we can see the old city of Newari People and wood carving architecture in wall of every temple with the symbol of god and goddess. There we can observe the Museum and see the historic art and culture evidence. We will have lunch at Gardern Resturent at Durbar Square inside the Museum. After that we will go to old City of valley that is Bhaktapur to see Netyapola Temple and many more at Bhaktapur Durbar Square. The main thing we see a pottery too. You will have an opportunity to learn Ancient Culture of Nepal too. After that we will be back to Hotel for rest with Dinner.

**5<sup>th</sup> Day –Nagarkot** : Wake up early morning at 3.30 A.M and leaving hotel by 4.A.M to Nagarkot bus or we can go one day before after visiting Bhaktapur to see sun rise from Nagarkot. Nagarkot is famous for sun raise view and most of the tourist like to enjoy the sunrise morning from Nagarkot tower or there are many other location that one can see beautiful sunrise and also a mountain ranges including Everest.

**6<sup>th</sup> Day – Kathmandu – Chitwan** – Lunch at Chitwan resort . 5 Hours drive by bus to chitwan and we will reach chitwan by .12.30 P.M and we will have lunch there at chitwan resort. After that we can go to river side to see the sun set and to see alligator lying on the bank of river or inside the water and we can come back to hotel for dinner and rest.

**7<sup>th</sup> Day-** Elephant riding or it also known as Elephant Jungle Safari: Jungle. Back to Hotel rest and Lunch and after lunch again jungle jeep safari.

**8<sup>th</sup> Day** – Cannoning and bird watching and back to hotel for breakfast and rest and elephant bath at riverside and back to hotel for luch and rest after that elephant breeding watching back to hotel and after dinner tharu culture show.

**9<sup>th</sup> Day- Chitwan to Pokhara** – Reach on 1 PM rest at hotel

**10<sup>th</sup> Day**- Pokhara to Naya pool by bus. after that hiking to Ulleri . Treks starts from Nayapool and we have have rest at place called Ulleri.

**11<sup>th</sup> Day – Ulleri to Gorepani.** We wakeup early morning and we have a tea and breakfast with in 7.30 A.M and we start walking higher for gorepani, we will have a lunch on the way at 12.P.M. we will reach ghorepani by 3. P.M. and stay at hotel.

**12<sup>th</sup> Day** hike to poon hill early 6 A.M and back to 9 A.M for breakfast and rest. Poon Hill is most attraction of this trek and from Poon Hill we will see beautiful sunrise and all the Himalayas very closely and we will be back down by 7.30 for breakfast and rest we will visit village and rest.

**13<sup>th</sup> Day – Gore Pani to Tadapani .** Today is long walk but all through jungle of Rhododendron forest, where you can enjoy the beautiful smell of flower and experience the jungle walk. evening we will reach to Place call Tadapani which is beautiful village situated between the dense forest. There we will stay at hotel.

**14<sup>th</sup> Day – Tadapani to Gandruk :** As usual we will start and we will have lunch on the way and reach to Gandruk. Gandruk is a beautiful village of Gurung community and well establish and well managed. You will see a beautiful images of fishtail mountain from there.

**15<sup>th</sup> Day – Gandruk to Pokhara:** Today is the last day of trek we will celebrate in different way like camp fire and dancing around fire and singing, we can also get a chance to see Gurung Dance.

**16<sup>th</sup> Day – City Tour :** City guide will take you various place of pokhara to show you different tourist destination like fewa lake, Davids fall, Different caves.

**17<sup>th</sup> Day – Pokhara to Kathmandu:** We will wake up early and have to sarankot for sunrise view and we will be back by 8.0 A..M and after breakfast will move to Kathmandu through Pirthivi High way as we came before. We will reach Kathmandu by 3.30 P.M and we will have a rest.

**18<sup>th</sup> Day – Rest day at Kathmandu:** Today is rest day so you can relax and you can walk around.

**19<sup>th</sup> Day –** Experiencing the rice planting. Today we are going to take to little far from Kathmandu like Bhaktapur or Lalitpur where you can experience the rice planting in muddy field.

**20<sup>th</sup> Day –** Breakfast, Lanch or, Dinner meeting with US Ambassador, We will visit Government office Singhadurbar and see how government work and we may meet some secretaries of Nepal government too and in the evening will have a dinner with US Ambassador at Hotel. (to be Announse **TBA**)

**21th Day –** Breakfast, Lanch or, Dinner with President at his residence and interaction with president of Nepal after that we will be back to hotel and we will have dinner with presence of Prime Minister at Hotel. and cultural show **TBA**

**22<sup>nd</sup> Day -** Certificate distribution program by NRNA with Dinner at Hyatt Hotel with Foreign Minister

**23<sup>rd</sup> Day** Back to Home Country from Kathmandu International Airport.

**The End**