

## Coordination Meeting on Review and Possible Update of IEC Materials and Key Messages Targeting Nepali Migrants, Particularly Focusing on Women Migrant



A coordination meeting on “Review and Possible Update of IEC Materials and Key Messages Targeting Nepali Migrants, Particularly Focusing on Women Migrants” was successfully conducted on December 09, 2025. The meeting was organized under the Migrants Rights and Decent Work (MiRiDeW) Phase-II Project, funded by the Swiss Agency for Development and Cooperation (SDC) and jointly implemented by the Non-Resident Nepali Association (NRNA) and the International Labour Organization (ILO).

Held at the NRNA Secretariat, Baluwatar, the consultation brought together over 15 representatives from government agencies, public and private institutions, foreign employment-related organizations, labor unions, experts, and policy researchers.

During the meeting, Rojgar Media, NRNA’s consultant firm for developing and designing the brochure, presented the findings of their initial desk review. Based on the presentation, participants shared observations and recommendations for improving existing IEC materials:

- **Format and dissemination:** Some suggested using podcasts and digital formats as potentially more effective channels than traditional brochures.
- **Content focus:** Participants emphasized that post-departure information is as important as pre-departure guidance.
- **Mental health integration:** The rising psychosocial challenges among migrant workers highlight the need to include mental health components in IEC materials.
- **Trusted channels:** Several participants recommended dissemination through Female Community Health Volunteers (FCHVs), who conduct door-to-door visits and are widely trusted in communities.

The meeting further stressed the importance of strengthening cooperation and coordination among government bodies, NRNA, and other stakeholders to protect labor rights and ensure a safe, dignified, and decent working environment for Nepali citizens seeking employment abroad.

All participants actively contributed insights and discussed practical approaches to address existing gaps and challenges in migrant information and communication.

