



Consultancy to Conduct Virtual Mental Health Awareness-Raising Program (5 Sessions) Targeting Vulnerable Nepali Migrants

The Non-Resident Nepali Association (NRNA) Secretariat invites qualified and experienced consultants or firms to submit proposals for conducting a series of 5 virtual mental health awareness-raising sessions targeting vulnerable Nepali migrants under the MiRiDeW Phase II Project.

The objective of this consultancy is to deliver impactful, informative, and engaging online awareness sessions focused on mental health, stress management, and psychosocial wellbeing. The selected consultant/firm will be responsible for planning, facilitating, and reporting on each session in accordance with the Terms of Reference (ToR).

Interested and eligible applicants are requested to submit their technical and financial proposals as outlined in the ToR.

For further details, please refer to the ToR or contact the NRNA Secretariat at **procurement@nrna.org**.

The deadline for submission is **30 November, 2025**.

Non-Resident Nepali Association (NRNA) Secretariat
Kathmandu, Nepal