

## Interactions on the Need of Rapid Medical Team

June 21. An interaction was held in NRNA Kathmandu headquarters on the necessity of 'Rapid Medical Team' of NRNA that can be deployed within 24 hours to any corner of Nepal to respond to any disaster: flood, earthquake, hurricane, tornado, landslide or mass fire. Significant advises and feedback emerged out of the interaction that will be useful in the implementation of such rapid Medical Team. Responding to 2015 earthquake and 2019 tornado has given valuable lesson.

One of such is the locally available health-care experts and resources are far more useful than sending such from outside the country in meeting the immediate medical need following the disaster. Physical trauma, bone breakage, cuts and wounds are the immediate need following the most of the disasters. Those are best managed by resources in Nepal. The role of outside help out of Nepal is minimum during first few days of disaster, but long term medical need and psychological needs can be complimented with outside help.

The significance of assessment before arriving to the disaster scene, minimizing duplication and the need to work in collaboration with other stakeholders were emphasized during the interactions. Those participated in the meeting were Dr. Sanjeeb Sapkota, the chair of Global Health and Hygiene Committee of NRNA, Dr. Hemanta Dabadi, the CEO of NRNA and other colleagues from NRNA Secretariat and Laprak Project Employees.

A demonstration on CPR and Heimlich procedure to help someone who is choking were also demonstrated at the interactions. Dr. Sanjeeb Sapkota is also the instructor of CPR certified by American Heart Association.





